

What is the relationship between alcohol intake and coronary heart disease? (DGAC 2010)

Conclusion

Strong evidence consistently demonstrates that compared to non-drinkers, individuals who drink moderately have lower risk of coronary heart disease (CHD).

Insufficient evidence was available to determine if drinking patterns were predictive of risk of CHD, although there was moderate evidence to suggest that heavy or binge drinking is detrimental.

Grade: Strong; Insufficient

Overall strength of the available supporting evidence: Strong; Moderate; Limited; Expert Opinion Only; Grade not assignable For additional information regarding how to interpret grades [click here](#).

Evidence Summaries

What is the evidence that supports this conclusion? For more information, click on the Evidence Summary link below.

 [What is the relationship between alcohol intake and coronary heart disease?](#)

Search Plan and Results

What were the search parameters and selection criteria used to identify literature to answer this question? For more information, click on the Search Plan and Results link below.

[What is the relationship between alcohol intake and coronary heart disease?](#)